



ST900MS MULTI-STATION



Ideal for smaller, highly trafficked fitness facilities, the Spirit Fitness ST900MS Multi-Station can accommodate up to four individuals at the same time. Users can get an effective, total-body workout experience in a space-friendly footprint. Built-to-last, this multi-station requires minimal maintenance with durable reliability.

ST900MS MULTI-STATION

- Three versatile stations, with optional lower body press, allow for a complete workout in an efficient, 96 square foot space
- Generous weight stack capacity accommodates most users' resistance needs
- Each station offers multiple exercises to effectively train the whole body
- Standard accessories comfortably allow for multiple exercise and grip options
- Highly durable, with little required maintenance provides great value to facility owners



ST900MS MULTI-STATION FEATURES

PRESS STATION | 200 lbs.

- Flat Chest Press
- Incline Chest Press
- Shoulder Press

PULL STATION | 200 lbs.

- Lat Pulldown
- Seated Row
- Tricep Pressdown
- Bicep Curl

DUAL, LOWER BODY STATION | 200 lbs.

- Leg Extension
- Lying Leg Curl

OPTIONAL LOWER BODY PRESS STATION | 400 lbs.

- Leg Press
- Calf Press

EQUIPMENT SPECIFICATIONS

Accessories	short bar and lat pulldown bar
Weight Stack	three, 200 lbs. weight stacks, option to add fourth 200 lb. stack
Frame	powder-coated, 11-gauge steel with square and round tubing
Dimensions	118" x 118" x 88"
Product Weight	1500 lbs.
Max User Weight	350 lbs.

WARRANTY INFORMATION

Commercial (All Facilities) – 10 years frame and welds; 5 years weight stack, guide rods, pulleys and bearings; 3 years labor; 1 year paint, cable, upholstery, grips, roller pads, and hardware